

# **DRINKING PROBLEM? WE CAN HELP.**



- If you have a problem with alcohol and need support to help stop drinking, help is available.
- Local groups of Alcoholics Anonymous have paused in-person meetings due to COVID-19, but we are continuing our regular meetings through online video conferencing.
- We encourage you to join us for our online meetings so that we can support you on your path to recovery.
- You do not need to provide your last name or any identifying information to participate in the online meetings. We respect the anonymity of all participants.
- Participation in our online meetings will help ensure that you get connected with local AA groups so that you are familiar with the meetings and members when we return to a regular meeting schedule.
- To connect with a local member of AA and obtain information regarding these online meetings contact us by:

**Phone: 1-800-245-1377**

**Email: [pi-d41@nnjaa.onmicrosoft.com](mailto:pi-d41@nnjaa.onmicrosoft.com)**

**[district41publicinformation@gmail.com](mailto:district41publicinformation@gmail.com)**